

令和 4（2022）年度 第 1 学年入学・第 2 学年 4 月編入学選抜検査

Spring Entrance Examination 2022 for 1st and 2nd Grade Applicants

外国語作文（英語）

Foreign Language Essay (English)

令和 4（2022）年 2 月 3 日（木）実施

Thursday, February 3, 2022

Attention

- 1 Keep your test booklet closed until you are instructed to open this booklet.
- 2 You may freely use the blank space in the booklet. Any marks in this booklet will not be scored.
- 3 There is a separate answer sheet. All answers should be written within the space provided on the answer sheet **in English**.
- 4 You will be given 45 minutes to complete the Foreign Language Essay.
- 5 Remain silent during test time.
- 6 Write your name and registration number on the test booklet, and write your registration number on your answer sheet.
- 7 No questions concerning the test content will be answered.
- 8 Both your test booklet and your answer sheet will be collected after the test.

受検番号

Registration number

氏名

Name

東京学芸大学附属国際中等教育学校

TOKYO GAKUGEI UNIVERSITY INTERNATIONAL SECONDARY SCHOOL

Read the passage below and answer the following question.

Faced with high stress levels among adolescents and a mental health crisis that includes worsening suicide rates, some states in the US are now allowing students to declare a mental health day.

In the last two years alone, many states have passed bills permitting children to be absent from school for mental or behavioral health reasons.

Late last year, the advocacy group Mental Health America surveyed teenagers about the top three things that would be most helpful for their mental health. More than half of the respondents cited the ability to take a mental health break or absence from either school or work. And in a poll of more than 1,500 teenagers conducted in May of last year, 78 percent of those surveyed said schools should support mental health days to allow students to prioritize their health.

Dr. Harold S. Koplewicz, medical director of the Child Mind Institute and a child and adolescent psychiatrist based in New York City, views mental health days as a joyous occasion: an opportunity to have fun.

Ideally, you can use mental health days as a way to celebrate your child’s efforts in school, he said. But don’t use mental health days to help your child avoid situations at school that are making them uncomfortable, he cautioned.

The phrase “mental health day” might make some kids and parents uncomfortable. With that in mind, the school board in Montgomery County, Maryland, decided that it will excuse absences taken for “student illness and well-being,” starting in the new school year.

One advantage of declaring a “mental health day” and recognizing its importance at the state level is that — ideally — using this kind of language can help families start to have more open conversations about subjects related to mental health, and potentially reduce some of the stigma associated with self-care, an expert said.

Modified from:
The New York Times, August 23, 2021

QUESTION

Do you think having mental health days is a good idea? Support your opinion with at least two reasons based on your knowledge and/or experience.

受検番号

Registration number

令和4（2022）年度 第1学年入学・第2学年4月編入学選抜検査

Spring Entrance Examination 2022 for 1st and 2nd Grade Applicants

外国語作文（英語） 解答用紙 / Foreign Language Essay (English) Answer Sheet

This section is a large, empty rectangular area with a solid black border. It contains horizontal dotted lines spaced evenly down the page, providing a guide for writing the answer to the foreign language essay.

